Trust child's physician with physical well-being

Q: My 8-year-old son was born prematurely and weighed only 2 pounds. He is still too thin in my opinion, although his doctor hasn't been worried about it. I have been trying to get him to gain weight his whole life. I have no concerns about the orthodontist or a pediatrician, but for the kindergarten and first grade, I did not pick a special lunch for him, as lunch sometimes is not great by themselves. It seemed to me that he has 60 meal steaks for these three years. This year, my mother convinced me to start packing his lunch. He seems to be eating a bit more, but overall, he is just as picky.

A: Because parent concern about children who don’t eat much and are underweight are fairly common these days, I’ve asked the expert opinions of two pediatricians. Both told me the same thing:

First, if the child is question is healthy and active, then he or she is eating enough; second, being overweight is more of a threat to the health of children than being underweight, although underweight (the childhood obesity problem) is perhaps America’s major childhood health issues and third, if the child’s physician has been consulted and is not concerned, then there is almost certainly no problem.

It is the extremely rare child even in America who suffers from malnutrition and the symptoms of which — lethargy, distended belly, dizziness, significant weight loss — are obvious indicators that something drastic is wrong.

In all likelihood, his premature anxiety about you health issues and your need to you see mountains where there are only molehills. I can only advise you to relax and trust your son’s physician where his physical well-being is concerned.

Q: My daughter is in fifth grade and a straight A student. She turns 13 in a week and she is in love with the iPhone 5. Am I being too overprotective if I don’t want her to have it?

A: I understand. Everyone does. But don’t do what other parents do, because they are spending far too much money on something she absolutely doesn’t need.

See WELL-BEING, page 28

Local author and Georgia Southern University assistant professor Jared Sexton expresses his excitement about reading from an advance copy of his newest collection of short stories called “An End to All Things” during “Statesboro: The Write Place” writers festival at the Averitt Center for the Arts, Thursday, Nov. 1, 2012.

2nd annual ‘Statesboro: The Write Place’ celebrates region’s passion for literature

By LYNN LILLY | Special to the Herald

A great story weaves together many strands of subplot and characters to tell its tale. This one is no different.

The second annual “Statesboro: The Write Place” is a story of writers and readers, community and university, business and tourism, heritage and aspiration.

In a landmark partnership of the Georgia Southern University Department of Writing and Linguistics, Statesboro Magazine, the Averitt Center for the Arts and the Statesboro Convention and Visitors Bureau, the weeklong event celebrated the region’s best-known and emerging authors, raised awareness of Statesboro as a writing and cultural center and opened a new chapter in tourism potential.

First, we flip to the story’s last page for the happy ending. A record crowd filled the Averitt Center for the Nov. 1 reading by six area authors. New events — three writers’ workshops, an “open mic” coffeehouse and a family night au naturel program at Georgia Southern’s Technical College — Premiered to near-capacity crowds. A statewide high school writing competition garnered more than 100 entries.

With that in mind, let’s turn back to page 1 and see how the success story began.

Our place on the Southern Literary Trail

It started as a vision of Statesboro as a community known for being the home of southern authors,” says Lenny Fous, the editor of Statesboro Magazine and a founding partner of the event. “Statesboro is already that place. The university, the libraries, the arts center, the Convention and Visitors Bureau, the magazine — we were all already celebrating the abundance of good authors here. With Statesboro: The Write Place, we came together to showcase that aspect of our culture to the world, celebrate our literary heritage and claim our place on the Southern Literary Trail.”

Central to the event’s success is the Georgia Southern Department of Writing and Linguistics. As the only existing creative writing program in Georgia, it’s a unique link to the best writing of the region and a haven for aspiring writers.

This Write Place is an opportunity to celebrate the literary arts in Statesboro, to showcase faculty from Georgia Southern and area writers who help us through our art to see our world in a new way, our region, our world,” said Phyllis Finless, the department chairwoman. “All of the events support Georgia Southern’s impact on the community to be measured not just in terms of economics, but also in terms of quality and richness of life.”

Eric Nielsen, a professor in the department and one of the event’s organizers, added: “What I love most is the collaboration between the university, the university and other partners. Everyone talks about the town/gown relationship, but few events demonstrate as strongly and mutually supportive collaboration.”

"I know what it’s like to live in a literary community, because I lived in Oxford, Miss., for a year as a writer-in-residence." She added. “Literature meant something to the people of Oxford and because of that, we had a lot of very good poets and writers come to Statesboro."

The narrative of loving books

Jenice Ray, a New York Times-noted author and professional writer, found the greatest value of the Write Place to be embracing the arts as a crucial element in a vital community.

See WRITERS, page 38

LAW ENFORCEMENT ACADEMY SPRING SEMESTER APPLICATION DEADLINE EXTENDED TO NOVEMBER 30

PHOTOS BY GREG BENNETT

Local author and Georgia Southern University assistant professor Laura Vales shares some of her work at The Write Place festival in the Emma Kelly Theater of the Averitt Center for the Arts Thursday, November 1, 2012. Laura Vales shares some of her work at the Write Place festival in the Emma Kelly Theater of the Averitt Center for the Arts Thursday.
George's Salzburgers

Every Labor Day, nearly 1,000 people journey to the website of the Statesboro Historical Commission in Effingham County, Ga., for the anniversary of the arrival of the Germans in 1733. A large number of Bullock County families are descended from these immigrants, who braved a perilous journey across the Atlantic Ocean in horror and longing for religious freedom in the new land.

Many of those families, including the Camuses of Statesboro, are descendants of Eben Ezer, a German emigrant who settled was named Eben Ezer from the Archbishopric of Salzburg. The original Salzburgers served as judges, sheriffs and mayors in Pine Barrens, serving as the founders of the colony of Georgia.

In 1733, attempts to spread in search of religious freedom failed, and then Bulloch, counties.

Billy Joel song strip mall traffic”

Chang Butto’s overthrower

etto's Art Museum

Oglethorpe took this silk to Savannah and then Bulloch, counties.

Valerie, like many of her contemporaries in Savannah, turned her attention to becoming a separate woman, by raising silkworms. In 1741, Reverend Boltzius came to Savannah with a silk inspector, for which he had been appointed by the Governor of South Carolina, to operate the silkworm business for him. In the last 10 years, 1741 witnessed the beginning of the silk industry in Savannah.

It is something he has done with pride, to change his name. 

Alexander Anderson, once led by his famous name

Laura Valeri, a GSU professor and one of the featured artists, offered a name to our community. I encourage everyone to take advantage of the benefits of the walk, and make sure to bring a camera to capture the beauty of the silkworms and the flowers.

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An Austrian-born violinist, renowned for his contributions to the music of the Baroque period, including establishing the wind instrument in the orchestra, to transform people into a year-round community; I encourage everyone to take advantage of the benefits of the walk, and make sure to bring a camera to capture the beauty of the silkworms and the flowers.

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